



CCA

Chinese Canadian Association
香港加拿大華人協會

Patron Gerry Campbell Consul General of Canada in Hong Kong

C/O Unit 605B, Tower Two, Lippo Centre, 89 Queensway, Hong Kong
Tel: 2574-0222 Fax: 2574-0113 www.ccahk.org

April 2008

Public Service Publications

1. About Recent Flu Situation in Hong Kong

Letter from Food and Health Bureau of HKSARG to Consuls General of Canada in Hong Kong on the Latest Flu Situation in Hong Kong (published as a public service).

Dear Consul General,

Hong Kong has entered its peak season for influenza since mid-February. The Food and Health Bureau, together with the Department of Health, the Hospital Authority and relevant government bureaux and departments, have been closely monitoring the situation to ensure that timely and necessary actions are taken. I write to inform you of the latest development.

With the increase in the number of reported influenza cases in schools, there have been concerns among parents and school management on whether children should be allowed to attend schools. The Government announced last night that all primary schools, kindergartens and nursery schools would start their Easter break from today for two weeks.

I must emphasize that this is a precautionary measure.

At present, there is no indication that there is any significant change of the virus that makes it

exceptionally more virulent than the usual flu virus. During the Easter break, schools will be thoroughly cleansed. The two-week holiday, which is twice the incubation period for influenza, would help reduce transmission among school children.

There is no cause for the public to be over-worried. Meanwhile, I appeal for you to disseminate the message to your people in Hong Kong. To prevent influenza, they are urged to maintain good personal and environmental hygiene and build up good body immunity by having a proper diet, regular exercise and adequate rest, reducing stress and avoiding smoking.

I enclose a press release on the decision for your reference. For more details of the influenza situation in Hong Kong, you may wish to visit the Centre for Health Protection's website (<http://www.chp.gov.hk>). If you have any question on the recent flu activity, you are welcome to contact our colleagues in the Surveillance and Epidemiology Branch of the Centre for Health Protection at 27689768 (telephone) or 2711 4847 (fax).

Yours sincerely,

(Patrick T K Nip)
Deputy Secretary for Food and Health (Health)
Encl

c c Director of Protocol
Controller, Centre for Health Protection

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Gerry Campbell – Consul General of Canada in Hong Kong

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Editors of Newsletters

Spencer Lee, Bill Ling

Press Releases

Early Easter break for students in primary schools and kindergartens

The Secretary for Food and Health, Dr York Chow, announced last night (March 12) that all primary schools, kindergartens and nursery schools would start their Easter break from today for two weeks as a precautionary measure against the spread of influenza in schools.

Speaking at a stand-up media session, Dr Chow noted that the influenza peak season would be expected to last for a few more weeks and the early break would help to reduce the chance of young school children contracting the virus.

The decision was reached at a meeting in the evening attended by representative from the Education Bureau, experts from the Department of Health and the Hospital Authority as well as Professor Yuen Kwok-yung, having reviewed the latest situation on the flu situation which indicated that the number of reported cases was on the rise.

Dr Chow noted that the recent span of influenza cases had caused anxiety and pressure on both parents and school management on whether to allow children to attend schools, especially where there was an outbreak of the virus.

He said, "We understand their concern and anxiety. There are calls from members of the public hoping the Government would make a firm decision to relief their anxiety.

"As the Easter holiday is only a week away, we decide to ask all the primary schools, kindergartens and nursery schools to take an early break for two weeks.

"This is both a precautionary as well as an administrative decision. During the break, schools will be thoroughly cleansed and the two-week period is two times of the incubation period for the virus.

"We hope the break would minimise the chance of infection for these young children so that they can have a clean and healthy environment when they return after the holidays."

Ends/Thursday, March 13, 2008 Issued at HKT 01:04

2. Study in Alberta, Canada Education Seminar in Hong Kong, April 12, 2008

Letter from Alberta Government's Hong Kong office on the issue of "Studying in Alberta, Canada" Education Seminar in Hong Kong, April 12, 2008 (published as a public service).

The Alberta Government Office in Hong Kong cordially invites members of the Chinese Canadian Association and all interested parties to attend an Information Session on "Studying in Alberta, Canada":

Date: Saturday, April 12, 2008

Time: 2:00 pm – 4:00 pm

**Venue: 14/F, Fairmont House
8 Cotton Tree Drive
Central, Hong Kong
(Admiralty MTR Exit B)**

This seminar is designed for secondary school students who are interested in furthering their studies in Canada. Students can choose from programs such as degree and applied degree studies, diploma studies, technical courses, college programs, university transfer programs, or high school programs.

Representatives from post-secondary and secondary Alberta education institutions will be present to answer questions, and to conduct on-site interview and registration. The Alberta Government Office in Hong Kong will provide information and counseling to students attending the seminars.

Participating institutions from Alberta include:

- **University of Alberta**
(www.ualberta.ca)
- **Grant MacEwan College**
(www.gmcc.ab.ca)
- **Red Deer College**
(www.rdc.ab.ca)
- **Northern Alberta Institute of Technology**
(www.nait.ca)
- **SAIT Polytechnic**
(www.sait.ca)
- **Calgary Board of Education**
(www.cbeinternational.ca)
- **Calgary Catholic Separate School Board**
(www.ccssd.ab.ca)
- **Edmonton Public Schools**
(www.epsb.ca)
- **Golden Hills School Division**
(www.goldenhills-schools.com)
- **Grande Yellowhead Regional Division**
(www.gyrd.ab.ca)
- **Horizon School Division No. 67**
(www.horizon.ab.ca)
- **Red Deer Public Schools**
(www.rdpsd.ab.ca)

Admission to the information session is free of charge.

Interested parties are requested to register with the Alberta Government Office in Hong Kong at Tel: 2528-4729 or e-mail: gov.ab@alberta.org.hk

Stress Relief Column

A wife asked her husband: "What do you like most in me, my pretty face or my sexy body?"

He looked at her from head to toe and replied: "I like your sense of humor."

Husband and wife had a bitter quarrel on the day of their 40th wedding anniversary!

The husband yells, "When you die, I'm getting you a headstone that reads:

"Here Lies My Wife - Cold As Ever "

"Yeah?" she replies. "When you die, I'm getting you a headstone that reads:

"Here Lies My Husband - Stiff At Last"

Good Karma

The following message is from a spiritual leader. Do take a few seconds to read and think it over.

Directions for life

1. Take into account that great love and great achievements involve great risk.
2. When you lose, don't lose the lesson.
3. Follow the three R's: Respect for self, Respect for other's and Responsibility for all your actions.
4. Remember that not getting what you want is sometimes a wonderful stroke of luck.
5. Learn the rules so you know how to break them properly.
6. Don't let a little dispute injure a great relationship.
7. When you realize you've made a mistake, take immediate steps to correct it.
8. Spend some time alone every day.
9. Open arms to change, but don't let go of your values.
10. Remember that silence is sometimes the best answer.
11. Live a good, honorable life. Then when you get older and think back, you'll be able to enjoy it a second time.
12. A loving atmosphere in your home is the foundation for your life.
13. In disagreements with loved ones, deal only with the current situation. Don't bring up the past.
14. Share your knowledge. It's a way to achieve immortality.
15. Be gentle with the earth.
16. Once a year, go someplace you've never been before.

17. Remember that the best relationship is one in which your love for each other exceeds your need for each other.
18. Judge your success by what you had to give up in order to get it.
19. Approach love and cooking with reckless abandon.

善因緣

這篇文章不長，但卻雋永奧妙，請好好賞讀。這是由一位宗教領袖所發表的談話內容。您唯一需要做的是花點時間閱讀，並做一番省思。

生活方針

1. 要考慮到，濃情烈愛與豐功偉業都蘊含著極大的風險。
2. 即便失敗了，也別錯過其中的教訓。
3. 遵守三個原則：尊重自己；尊重他人；為個人一切行為負責。
4. 別忘了，塞翁失馬，焉知非福。
5. 先弄懂規則，才會知道該如何適切地打破成規。
6. 別讓小小的爭執傷害到深厚的關係。
7. 發現自己犯了錯的時候，立即採取補救措施。
8. 每天花點時間獨處。
9. 擁抱變革，但也要堅守個人價值觀。
10. 請牢記在心，保持緘默有時候是最好的答覆。
11. 生活誠實正直，那麼，老來回首前塵時，就可以重溫生之喜悅。
12. 家中氣氛和諧安樂，即是您這一生的基石。
13. 和親人意見相左時，請就事論事，別翻舊帳。
14. 和他人分享知識。這是永垂不朽的途徑之一。
15. 善待地球。
16. 每年拜訪一個您從未履足過的地方。
17. 請記住，所謂的最佳關係是指，雙方對彼此的愛凌駕在雙方對彼此的需索之上。
18. 看看您在成功之前必須放棄多少，就足可衡量成功的程度。
19. 愛和烹飪之道即在恣情任性而為。

Acknowledgment From the Editor

We wish to thank Elsie Pau for her contribution in supplying materials to us for publication.

FROM CCA

Report on Activities/Announcements

1. CCA Soccer Team Won Again

Our team played another game of soccer on March 9,

2008 against TCBY's team and won by the score of 1-0.

Our defence players played exceptionally well to hold off the offence of the opposite team and came up with the winning goal when we got hold of one good opportunity.

We require the service of a goal-keeper to join the team. Anyone who is interested in joining the team to play that position, please call Jimmy Mak at 3571-7988/9487-2218 or email to jimmy.mak@nanfung.com.

Existing Team Members:

Albert Yeung, Albert Ko, Dennis Chan, Dryfus Koo, Eric Kan, Felix Fong, Herman Tso, Jeffrey Lee, Jimmy Mak, Jonathan Lee, K.K. Tsang, Rudy Io, Ryan Io, Vitus Leung, William Koo.

2. Regular Badminton at CDNIS

Our Vice-chairperson and Badminton Coordinator, **Gloria Choy**, is responsible for this program to provide our members a chance to keep fit.

Particulars of the event are:

- (1) Dates : Every Wednesday (7:30 p.m. to 9:30 p.m.)
Every Sunday (6:00 p.m. to 9:00 p.m.)**
- (2) Place : At the gym of CDNIS.**

The gym at CDNIS is good venue for the game; so don't miss the event.

For information, please call **Gloria** at 2869 6138 or email to her at gchoy@dunbarconsultants.com.

3. Regular Monday Lunch

This is a regular event so as to give the executives a regular forum to meet each other and members and friends of CCA.

It has been in operation for almost three years now and is getting more and more popular. All members and friends are welcome to join.

Particulars of the event are as follows:

- (1) Place : Tsui Hang Village Restaurant, 2/F New World Tower, 16-18 Queen's Road Central, Hong Kong.**
- (2) Time : 12:45 to 2:30 p.m.**
- (3) Date : Every Monday**
- (4) Booked : Under "CCA"**

If you are interested, please call Elaine at 2574-0222 to confirm your attendance.

Members' Benefit

1. Message from the Consulate General of Canada in Hong Kong on Registration of Canadians Abroad

Attention Canadians Travelling or Living Abroad

The Canadian Consulate General in Hong Kong offers a registration service for Canadians who expect to remain in Hong Kong or Macau for three months or more. The service is provided so we can contact and assist you in an emergency. The registration is voluntary and personal information provided on the registration form is protected and used in accordance with the provisions of the Canadian Privacy Act.

For your convenience, you may register online: <http://www.voyage.gc.ca/main/sos/rocapage-en.asp>.

Consulate General of Canada website:

www.hongkong.gc.ca

2. Golf travel business Golf Encore

Our Vice Chairman (Alumni Affairs) Edmond Chan is now offering, from his golf travel business **Golf Encore**, for CCA members only the following gifts when patronizing for golf tee time bookings:

- One box of 12 quality golf balls for each booking of one round of tee time for 4 players (not accumulated). Two boxes for 8 players etc.

- One box of 12 quality golf balls for each booking of overnight two-round of tee time for 2 players (not accumulated). Two boxes for 4 players etc.

- Only 1 of the players needed to be a CCA member in order to qualify for this incentive. Please remember to mention that you are a CCA member when doing the bookings.

For details please call their booking hotline (852) 6838-9200. Golf Encore is a one-stop golf travel service that offers golf, hotel, transportation bookings, golf event organizing, golf membership rental and buy/sell broking etc. Please also visit their website www.golfencore.com.

3. Vancouver Board of Trade

If any of you would like to know more about the Vancouver Board of Trade, please contact Ignatius Chong at 2525-6898 or email at iggv.chong@cbve.com.

4. Golfers – Happy Golf Society ("HGS")

One of our members, Paul Wong, is a very good

golfer and runs HGS to facilitate golfing for his friends.

Below please find messages from Paul Wong:

Dear HGS Members,

HGS has confirmed renewal of affiliation with City Golf Club from 17 April 2008 to 16 April 2009.

1. HGS membership renewal without City Golf's full membership = \$100
2. New member joining HGS without City Golf full membership = \$150
3. HGS membership renewal with City Golf's full membership :
 - 3.1 HGS member who has participated in at least one HGS golf event since 17 April 2007 = \$350
 - 3.2 HGS member who has not participated in any HGS golf event since 17 April 2007 = \$550
4. New member joining HGS with City Golf full membership : \$600
5. HGS Exco member renewal = \$200

Please be informed that the quota with City Golf is limited. Renewal of membership shall at first-come-first-serve base.

New member will be approval and accepted subject to membership committee review within 7 days of application.

HGS will be scheduling not less than 8 golf outings plus two annual charitable events in the new golf season. HGS's better players will be offering free advise and lessons to new comers on request.

Please visit <http://www.happygolfociety.com/> to learn more about HGS.

HGS will be holding a weekday AGM and golf outing on Wed. 12th March 2008, and a weekend golf outing on 13th April 2008.

Detail information will be made available shortly.

For and on behalf of HGS
Paul Wong
27 Feb. 2008

If you are interested to join HGS, please forward your names to Elaine at admin@spencerlee-law.com.hk.

5. Health supplements – Cordyceps series, Polysaccharides Liver Enrich & Perilla Seed Oil

Herbs N Senses Health Products Limited, a subsidiary of GreaterChina Technology Group Limited (Stock code 8032) was founded in 2001 by producing a range of health supplements with the usage of Traditional Chinese Medicine and natural herbs.

As research and development play a major role in the exploration of TCM, our company utilizes its advanced biotechnology and renowned academic establishments in the Chinese medicinal field to ensure the consistent efficacy of its products and to maintain the stability of the products' chemical ingredients. Our products are of higher quality standard than most traditional Chinese medicine and in order to maintain its international standards, we manufacture under the USA Good Manufacturing Practice (GMP) and TGA, Australia.

To all CCA members, we are now offering 30% discount for the above health supplements with FREE delivery service for any purchase over HK\$1,000.

Interested parties, please call 2523 3098 or visit our website www.herbsnsenses.com for further information.

Editor's Note

"Members' Benefit", has been set up in our website (www.ccahk.org) since Nov 1, 2004. This is for members of our Association to offer privileged products and/or services to other members. To ensure exclusivity, it is accessible ONLY if you log in with valid accounts and passwords. For those who have forgotten their account names and/or passwords, drop a line to our Vice-Chairman (Information and Technology) at paulchong@southa.com.

Send the link with a brief description of your product/service and the logo (in gif or jpg format), if any, to **Paul Chong** (paulchong@southa.com).

The Association, however, reserves the absolute right to reject applications and remove links already placed at its sole discretion.